



CANCER PREVENTION & RESEARCH INSTITUTE OF TEXAS

# Strategies and Opportunities Around Colorectal Cancer



# **Moderator & Speakers**





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# **UTSouthwestern**

# Colorectal Cancer Screening and Patient Navigation Program (CSPAN)

Stacie Miller, MSN, MPH, RN

Oncology Clinic Manager
UT Southwestern-Moncrief Cancer Institute



#### **Colorectal Cancer in Texas**

#### Cancer Incidence Rates in Texas, 2016-2020 Leading Sites by Sex and Race/Ethnicity

Male					
Rank	Cancer	Rate	Lower CI	Upper CI	Case Count
1	Prostate	103.4	102.6	104.1	73,528
2	Lung & Bronchus	55.1	54.5	55.7	35,987
3	Colon & Rectum	44.0	43.5	44.5	29,958
4	Kidney & Renal Pelvis	26.7	26.3	27.1	18,366
5	Urinary Bladder	25.8	25.4	26.2	16,224
6	Non-Hodgkin Lymphoma	20.7	20.4	21.1	13,687
7	Melanoma of the Skin	19.2	18.8	19.5	12,556
8	Liver & IHBD	18.3	18.0	18.7	13,409
9	Leukemia	17.7	17.4	18.0	11,584
10	Oral Cavity & Pharynx	17.3	17.0	17.7	12,326

Female					
Rank	Cancer	Rate	Lower CI	Upper CI	Case Count
1	Breast	116.3	115.5	117.1	89,447
2	Lung & Bronchus	39.7	39.3	40.2	31,355
3	Colon & Rectum	31.1	30.7	31.5	23,992
4	Corpus & Uterus, NOS	24.1	23.7	24.4	19,113
5	Thyroid	16.7	16.4	17.0	12,141
6	Non-Hodgkin Lymphoma	14.2	13.9	14.5	10,954
7	Kidney & Renal Pelvis	14.1	13.8	14.4	10,939
8	Pancreas	11.4	11.2	11.6	8,949
9	Leukemia	11.0	10.8	11.3	8,354
10	Melanoma of the Skin	10.3	10.1	10.6	7,781

- 3<sup>rd</sup> most commonly diagnosed cancer in Texan men and women
- Only 66.8% of Texans were up-todate with screening in 2020, compared with a national screening adherence of 72.4%



#### **Colorectal Cancer in Texas**

Age-Adjusted Cancer Mortality in Texas, 2016-2020 Leading Causes by Sex and Race/Ethnicity

Male					
Rank	Cancer	Rate	Lower	Upper	Death
		Nacc	CI	CI	Count
1	Lung & Bronchus	39.0	38.5	39.5	24,796
2	Prostate	17.6	17.2	17.9	9,893
3	Colon & Rectum	17.0	16.6	17.3	11,060
4	Liver & IHBD	12.0	11.7	12.2	8,400
5	Pancreas	11.9	11.6	12.2	7,720

Female					
Rank	Cancer	Rate	Lower	Upper	Death
		71000	CI CI	Count	
1	Lung & Bronchus	25.0	24.6	25.4	19,543
2	Breast	19.6	19.2	19.9	15,131
3	Colon & Rectum	10.9	10.7	11.1	8,472
4	Pancreas	9.0	8.8	9.2	7,066
5	Ovary	5.9	5.7	6.1	4,633

 3<sup>rd</sup> most common cause of cancerrelated death in Texan men and women

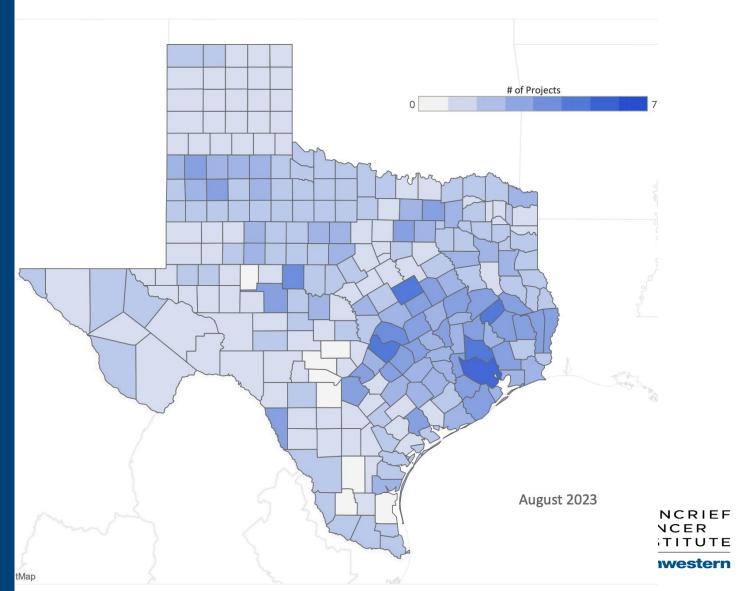


Counties
Served by
CPRIT
Prevention
Projects:

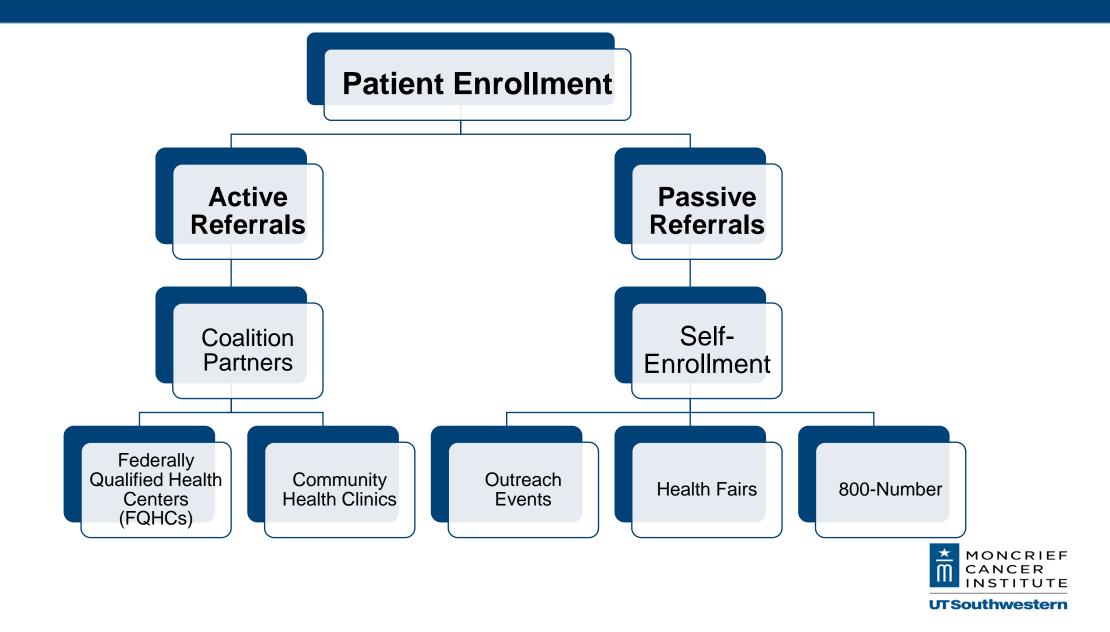
CRC
Clinical
Services
(Screening
& Early)
Detection

#### 14 Projects:

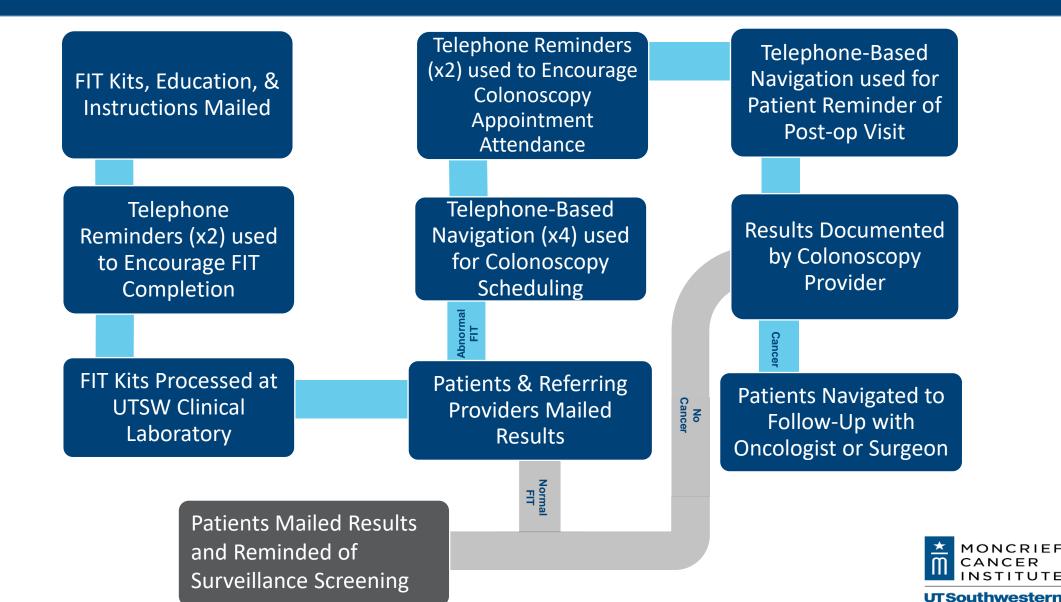
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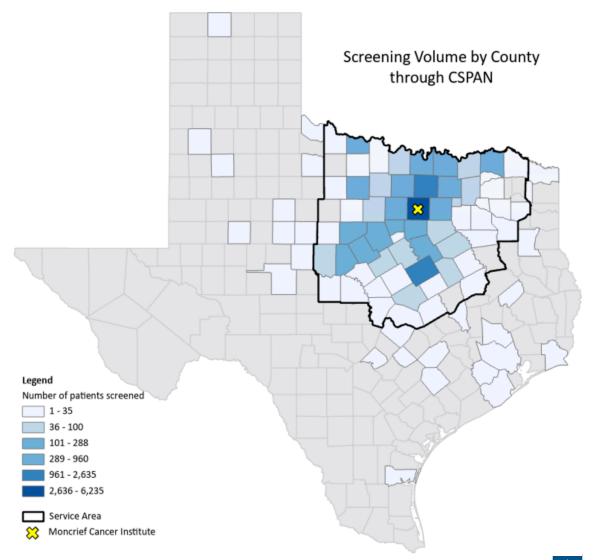
## **Outreach Delivery Model**



## **Screening & Navigation Delivery Model**



# Map of Screening Density





# **SDoH Patient Demographics**

	%	
Age (Mean)	62	
Sex		
Female	68.7%	
Male	31.3%	
Race		
White	43.3%	
Black	16.4%	
Other	7.5%	
Unknown/Unavailable	32.8%	
Ethnicity		
Hispanic/Latino	38.8%	
Non-Hispanic/Latino	44.8%	
Unknown/Unavailable	16.4%	
Uninsured	13.4%	
Underinsured	65.7%	



### Referring vs. Colonoscopy Providers

#### **Referring Providers**

- 867 Primary Care Providers (PCPs) in referral network
- Refer patients for program invitation on an episodic or periodic basis
- Provide patient's name, contact information, and demographic data to program team for invitation

#### **Colonoscopy Providers**

- 85 colonoscopy provider groups across the 67-county service area
- Provide follow-up colonoscopies to all patients with abnormal FIT results



#### **Thank You!**

Stacie Miller, MSN, MPH, RN

Oncology Clinic Manager, Moncrief Cancer Institute Colorectal Cancer Screening and Patient Navigation Program

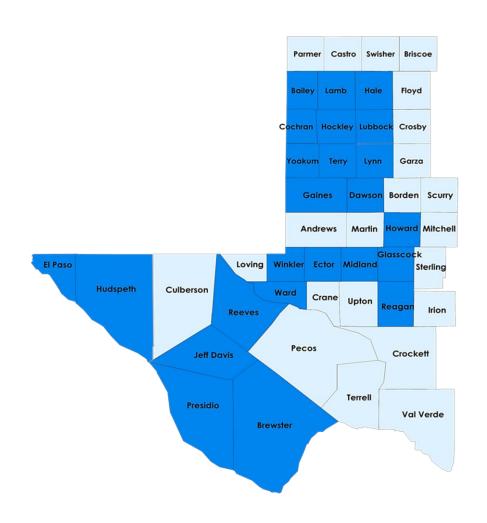
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# ACCION /SuCCCeS program

## Who are We and Where We Serve





- Initially developed in 2011 with funding from CPRIT.
- The ACCION /SuCCCeS program is a well-established, theorybased, culturally tailored, bilingual, evidence-based screening program.
- Developed to address specific disparities and barriers in the communities we serve.





<ul><li>Fear &amp; Embarrassment</li></ul>	Fear of a cancer diagnosis & embarrassment are common themes due to testing being invasive and performed on a part of the body that is taboo to discuss.
<ul><li>Unpleasantness Of Tests</li></ul>	There are different types of screening tests; many individuals are not aware of the alternate screening methods.
<ul><li>Transportation</li></ul>	There are many individuals who do not have a way in getting to the testing site.
<ul><li>Lack Of Insurance/Cost</li></ul>	The cost of screening being expensive and possibly inaccessible due to lack of health insurance.
<ul><li>Physician</li><li>Recommendation</li></ul>	Lack of provider recommendations play a significant role in screening barriers, which is more likely seen among ethnic minorities.
<ul><li>Lack Of Symptoms</li></ul>	Symptoms of CRC may not always be present at first and the individual may be feeling perfectly well.
<ul> <li>Health Education</li> </ul>	Lack education about CRC and other health topics, particular insufficient education regarding CRC screening, the causes of CRC, symptoms and how to prevent it.

#### How we Serve



#### **Core Community Program Services**

Community Outreach & Education

Provision Of Screening & Diagnostic Tests

**Patient Navigation** 

- Earned Media
- Health Fairs
- Community Events
- Community Organizations Partnerships

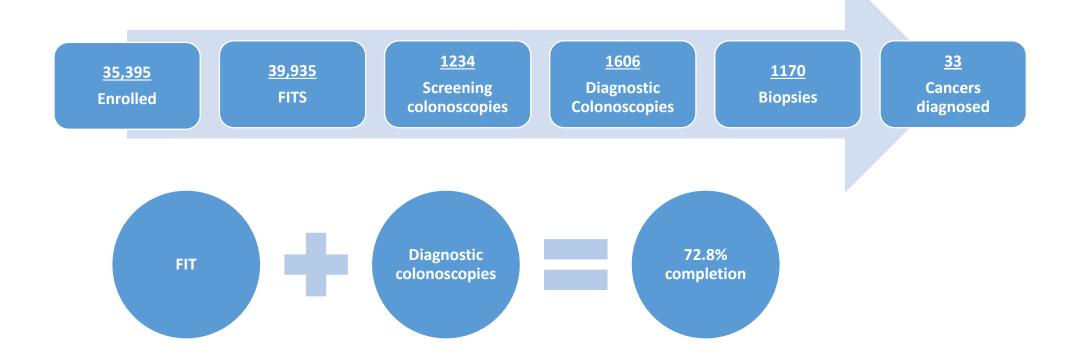
Fit

Colonoscopy

- Tracking & Reminders
- Case Management
- Address Barriers To Testing
  - RX & PCP Access

### Outcomes





#### **Effective CRC Screening Programs**

✓ Across settings

✓ Multilevel

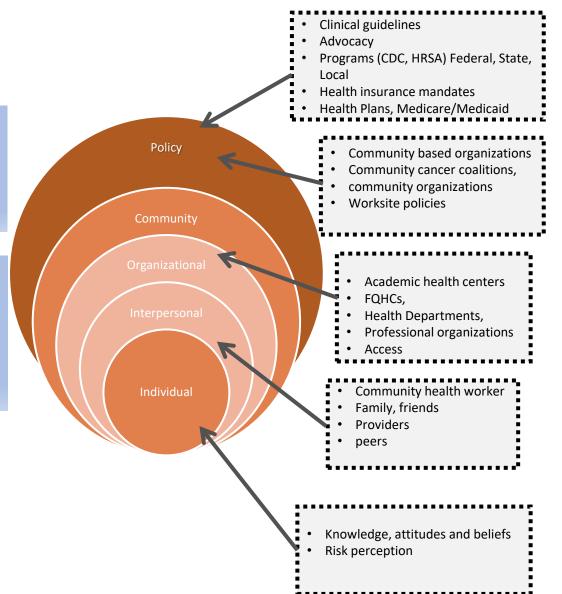
✓ Multicomponent

#### **Health system based**

- -opportunistic
- -visit-based
- -non visit based

#### **Population based**

-community-based-non traditionalsettings



#### **Outreach**

- Expansion to new health care organizations, e.g. hospitals, Public Health Dept, Health plan, etc.
- > Expansion to new counties

#### Education

- > In person -offered by trained staff
- Video in clinical areas
- Social media/website
- Large group presentations

#### **Clinical Test Delivery**

#### System changes

- Addition of new settings: -ERs, Endoscopy units, urgent cares
- > Practice-based strategies
  - New workflows
  - Team-based delivery
  - o FLU-FIT
  - Direct provision by team
  - Mailed reminders
  - Mailed FIT
- > Staff training
- > Resource list

#### Navigation

> integrated into practice

#### Evaluation

- Tracking system in each practice
- > Advanced analytic capability HIE
- ➤ RE-AIM framework

## Features of successful CRC screening programs

Locally adaptive, responsive, creative, resourceful

High level champions

Stakeholder engagement

Convening entity

Data driven approaches

Clear goals

Understanding of assets and resources

Identifying synergies across organizations

Collaborative

Learning system

► Galvanizing CRC screening across Texas

# Opportunities: <u>Coordinating Center for Colorectal</u> Cancer Screening Across Texas

- -- - **▶**[connect] **▶** -

>10yrs of expertise and experience across Texas with CPRIT CRC screening programs

Synthesize, share and scale best practices across Texas

Goal 1: Create a comprehensive stakeholder network representing all regions and communities in Texas to inform development, implementation & dissemination of a Texas CRC screening strategic plan.

Goal 2: Develop infrastructure and resources to support expansion of evidence-based CRC screening statewide.

Goal 3: Utilize rigorous methods and innovative approaches of modelling, geospatial mapping and cost effectiveness analyses to assess impact and support planning, implementation, and policy development.

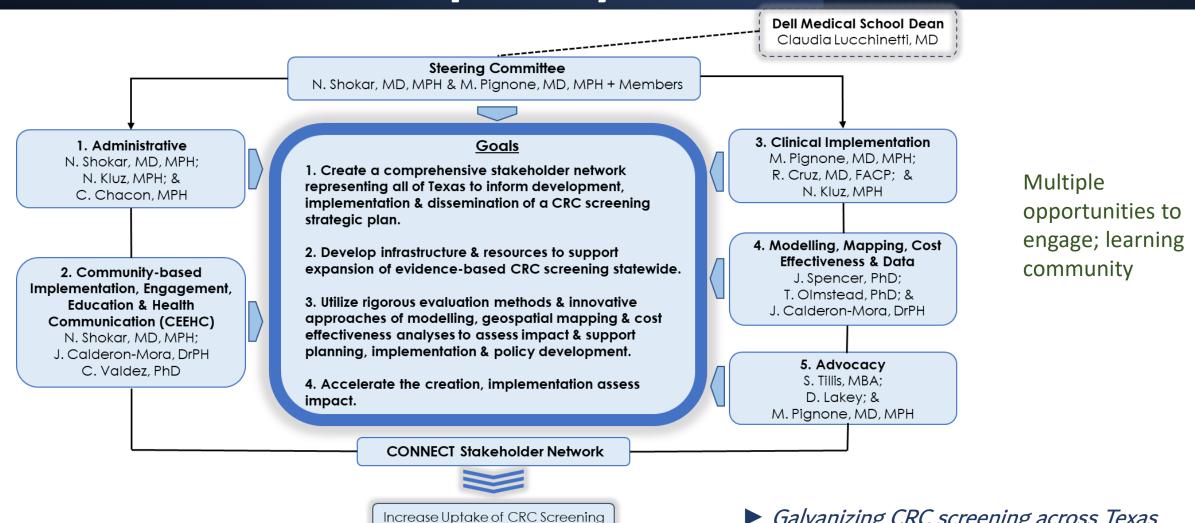
Goal 4: Accelerate the creation, implementation and dissemination of CRC screening best practices for priority populations

► Galvanizing CRC screening across Texas

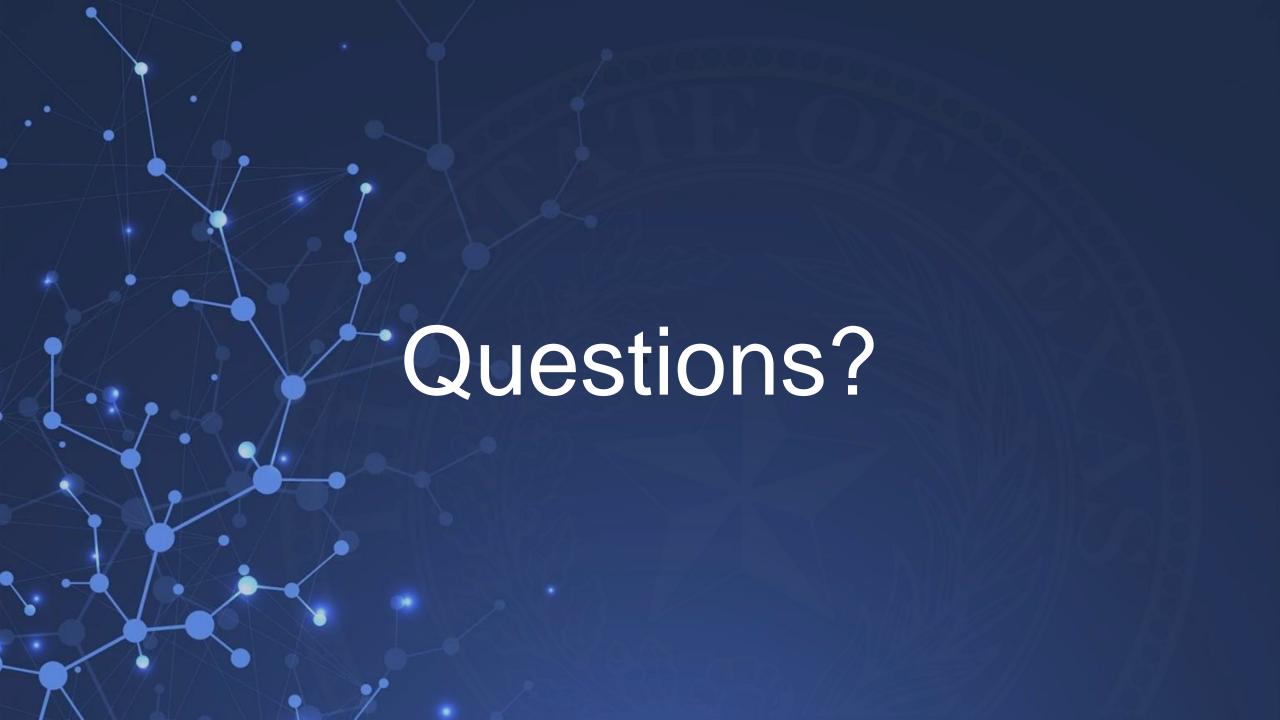
# Opportunities: Coordinating Center for Colorectal **C**ancer Screening Across Texas

- -- - **▶**[connect] **▶** -

Improve CRC Incidence & Mortality



► Galvanizing CRC screening across Texas









CANCER PREVENTION & RESEARCH INSTITUTE OF TEXAS

#### Coming up after the break:

- Company Showcase
   Floral Hall B
- Texas Cancer Plan Town Hall Floral Hall A

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Like and Share our posts about the conference and our grantees and grantee institutions or organizations

Include one of our conference hashtags listed below:

#CPRITInnovations #TexasCancerConference #TexansConquerCancer

